

| COMPETITION GUIDELINES | |
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| Name of Competition | An "Essay Competition related to Millets" as part of the International Year of Millets 2023 Yearly Plan. |
| Host Institute | North Eastern Institute of Ayurveda & Folk Medicine Research, Pasighat, Arunachal Pradesh. |
| Brief Details of Competition | <p>Millets are the staple crops of the semiarid tropics, as other food crops cannot be cultivated in that terrain due to low rainfall and poor soil fertility. In order to encourage production and consumption of millets, Government of India notified millets as Nutri-Cereals in April, 2018, which includes Sorghum (Jowar), Pearl Millet (Bajra), Finger Millet (Ragi/Mandua) & Minor Millets namely; Foxtail Millet (Kangani/Kakun), Proso Millet (Cheena), Kodo Millet (Kodo), Barnyard Millet (Sawa/Sanwa/ Jhangora), Little Millet (Kutki) and two Pseudo -millets viz Buckwheat (Kuttu) and Amaranthus (Chaulai).</p> <p>To create domestic and global demand and to provide nutritional food to the people, Government of India had proposed to the United Nations for declaring 2023 as International Year of Millets (IYoM-2023). The proposal of India was supported by 72 countries and United Nation's General Assembly (UNGA) declared 2023 as International Year of Millets on 5th March, 2021.</p> <p>In line with GOI announcement, NEIAFMR intends to raise awareness of, and direct policy attention to the nutritional and health benefits of millets and their suitability for cultivation under adverse and changing climatic conditions.</p> |
| Eligibility & Topics | <p>Category 1= Class V-VIII (Millets & its Health Benefits)</p> <p>Category 2= Class IX-XII (Millets for Health & Wealth)</p> <p>Category 3= Class Graduation and above (Millets & its role for Health, Wealth & sustainable development)</p> |
| Rules | <ul style="list-style-type: none"> • Participants have to write the Essay at the Teaching Hall of NEIAFMR • Participants will be judged on language proficiency and writing styles, originality, Novelty, clarity and the content and Overall presentation/format. • The decision of the organizers / competition judges will be final and no communication in this regard will be entertained. |
| Schedule | <p>Date: 27th October, 2023</p> <p>Time: 10.30 AM-11.30 AM</p> |
| Prizes | <p>1st Prize 2000/-;</p> <p>2nd Prize 1500/-;</p> <p>3rd Prize 1000/- & Certificate for each category</p> |

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